

## **A HOLY SPIRIT NOVENA**

### **BASED ON THE FRUITS OF THE HOLY SPIRIT & A DESIRE FOR SAINTHOOD**

*(Contemporary)*

It is only through the power of the Holy Spirit that someone can become a Saint. We cannot save ourselves and it is only by the grace of God that we are saved. So, we must rely completely on the power of the Holy Spirit and the death of Our Lord Jesus. That is the essence of this novena.

The Pentecost novena is really THE original novena. The disciples waited in unity and prayer for the Holy Spirit for nine days after Jesus' ascension to heaven. Jesus asked them to pray constantly in the upper room until the descent of the Holy Spirit.

“They all joined together constantly in prayer, along with the women and Mary the mother of Jesus, and with his brothers.” – Acts 1:14

#### **Day 1 – Novena to the Holy Spirit**

##### **Charity**

Let us bow down in humility at the power and grandeur of the Holy Spirit. Let us worship the Holy Trinity and give glory today to the Paraclete, our Advocate.

Oh Holy Spirit, by Your power, Christ was raised from the dead to save us all. By Your grace, miracles are performed in Jesus' name. By Your love, we are protected from evil. And so, we ask with humility and a beggar's heart for Your gift of Charity within us.

The great charity of all the host of Saints is only made possible by your power, Oh Divine Spirit. Increase in me, the virtue of charity that I may love as God loves with the selflessness of the Saints.

Amen.

Come Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created. And You shall renew the face of the earth.

O, God, who by the light of the Holy Spirit, did instruct the hearts of the faithful, grant that by the same Holy Spirit we may be truly wise and ever enjoy His consolations, through Christ Our Lord,

Amen.

## **Day 2 – Novena to the Holy Spirit**

### **Joy**

Let us bow down in humility at the power and grandeur of the Holy Spirit. Let us worship the Holy Trinity and give glory today to the Paraclete, our Advocate.

Oh Holy Spirit, by Your power, Christ was raised from the dead to save us all. By Your grace, miracles are performed in Jesus' name. By Your love, we are protected from evil. And so, we ask with humility and a beggar's heart for Your gift of Joy within us.

All of the Saints are marked with an uncompromisable Joy in times of trial, difficulty and pain. Give us, Oh Holy Spirit, the Joy that surpasses all understanding that we may live as a witness to Your love and fidelity!

Amen.

Come Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created. And You shall renew the face of the earth.

O, God, who by the light of the Holy Spirit, did instruct the hearts of the faithful, grant that by the same Holy Spirit we may be truly wise and ever enjoy His consolations, through Christ Our Lord,

Amen.

## **Day 3 – Novena to the Holy Spirit**

### **Peace**

Let us bow down in humility at the power and grandeur of the Holy Spirit. Let us worship the Holy Trinity and give glory today to the Paraclete, our Advocate.

Oh Holy Spirit, by Your power, Christ was raised from the dead to save us all. By Your grace, miracles are performed in Jesus' name. By Your love, we are protected from evil. And so, we ask with humility and a beggar's heart for Your gift of Peace within us.

The Saints were tempted, attacked and accused by the devil who is the destroyer of peace. When we are accused by the devil, come to our aid as our Advocate and give us Peace that lasts through all trials!

Amen.

Come Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created. And You shall renew the face of the earth.

O, God, who by the light of the Holy Spirit, did instruct the hearts of the faithful, grant that by the same Holy Spirit we may be truly wise and ever enjoy His consolations, through Christ Our Lord,

Amen.

## **Day 4 – Novena to the Holy Spirit**

### **Patience**

Let us bow down in humility at the power and grandeur of the Holy Spirit. Let us worship the Holy Trinity and give glory today to the Paraclete, our Advocate.

Oh Holy Spirit, by Your power, Christ was raised from the dead to save us all. By Your grace, miracles are performed in Jesus' name. By Your love, we are protected from evil. And so, we ask with humility and a beggar's heart for Your gift of Patience within us.

Oh Holy Spirit, you give lavishly to those who ask. Please give us the patience of the Saints who are now with you in heaven. Help us to endure everything with an eternal patience that is only possible with your help.

Amen.

Come Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created. And You shall renew the face of the earth.

O, God, who by the light of the Holy Spirit, did instruct the hearts of the faithful, grant that by the same Holy Spirit we may be truly wise and ever enjoy His consolations, through Christ Our Lord,

Amen.

## **Day 5 – Novena to the Holy Spirit**

### **Kindness**

Let us bow down in humility at the power and grandeur of the Holy Spirit. Let us worship the Holy Trinity and give glory today to the Paraclete, our Advocate.

Oh Holy Spirit, by Your power, Christ was raised from the dead to save us all. By Your grace, miracles are performed in Jesus' name. By Your love, we are protected from evil. And so, we ask with humility and a beggar's heart for Your gift of Kindness within us.

Jesus approached sinners with immense kindness. Holy Paraclete, please treat us humble sinners with the same kindness and give us the ability to treat all others with that kindness as well.

Amen.

Come Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created. And You shall renew the face of the earth.

O, God, who by the light of the Holy Spirit, did instruct the hearts of the faithful, grant that by the same Holy Spirit we may be truly wise and ever enjoy His consolations, through Christ Our Lord,

Amen.

## **Day 6 – Novena to the Holy Spirit**

### **Faithfulness**

Let us bow down in humility at the power and grandeur of the Holy Spirit. Let us worship the Holy Trinity and give glory today to the Paraclete, our Advocate.

Oh Holy Spirit, by Your power, Christ was raised from the dead to save us all. By Your grace, miracles are performed in Jesus' name. By Your love, we are protected from evil. And so, we ask with humility and a beggar's heart for Your gift of Faithfulness within us.

You, oh Lord, are ever faithful. You are faithful until the end. Though we are weak and distracted, please give us the grace to be faithful to You as you are to us!

Amen.

Come Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created. And You shall renew the face of the earth.

O, God, who by the light of the Holy Spirit, did instruct the hearts of the faithful, grant that by the same Holy Spirit we may be truly wise and ever enjoy His consolations, through Christ Our Lord,

Amen.

## **Day 7 – Novena to the Holy Spirit**

### **Gentleness**

Let us bow down in humility at the power and grandeur of the Holy Spirit. Let us worship the Holy Trinity and give glory today to the Paraclete, our Advocate.

Oh Holy Spirit, by Your power, Christ was raised from the dead to save us all. By Your grace, miracles are performed in Jesus' name. By Your love, we are protected from evil. And so, we ask with humility and a beggar's heart for Your gift of Gentleness within us.

Despite the gravity of our sins, oh Lord you treat us with Gentleness. Dear Holy Spirit, give us your power to treat all in our lives with the Gentleness of the Saints.

Amen.

Come Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created. And You shall renew the face of the earth.

O, God, who by the light of the Holy Spirit, did instruct the hearts of the faithful, grant that by the same Holy Spirit we may be truly wise and ever enjoy His consolations, through Christ Our Lord,

Amen.

## **Day 8 – Novena to the Holy Spirit**

### **Self-Control**

Let us bow down in humility at the power and grandeur of the Holy Spirit. Let us worship the Holy Trinity and give glory today to the Paraclete, our Advocate.

Oh Holy Spirit, by Your power, Christ was raised from the dead to save us all. By Your grace, miracles are performed in Jesus' name. By Your love, we are protected from evil. And so, we ask with humility and a beggar's heart for Your gift of Self-Control within us.

Your Martyrs had the overwhelming self-control to go joyfully to a painful death without shrinking from the opportunity to join You in heaven. Give us this self-control to have command over our emotions and desires that we may serve You more fully.

Amen.

Come Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created. And You shall renew the face of the earth.

O, God, who by the light of the Holy Spirit, did instruct the hearts of the faithful, grant that by the same Holy Spirit we may be truly wise and ever enjoy His consolations, through Christ Our Lord,

Amen.

## **Day 9 – Novena to the Holy Spirit**

### **Goodness**

Let us bow down in humility at the power and grandeur of the Holy Spirit. Let us worship the Holy Trinity and give glory today to the Paraclete, our Advocate.

Oh Holy Spirit, by Your power, Christ was raised from the dead to save us all. By Your grace, miracles are performed in Jesus' name. By Your love, we are protected from evil. And so, we ask with humility and a beggar's heart for Goodness within us.

We want to be like your Saints in heaven. Holy Spirit, renew us by your power with your Goodness that we may bring the Good News to the world.

Amen.

Come Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created. And You shall renew the face of the earth.

O, God, who by the light of the Holy Spirit, did instruct the hearts of the faithful, grant that by the same Holy Spirit we may be truly wise and ever enjoy His consolations, through Christ Our Lord,

Amen.